

Ilkley Duathlon Start List - Sunday 23 September

Number	Forename	Surname	Category	Club	Start Time
1	Sue	Sroka	F40	LBT	00:09:00
2	Caroline	Hollick	F40	LBT	
3	Carl	Akeroyd	M50	LBT	
4	Ralph	Kidner	M60	LBT	
5	Garry	Howes	M40	LBT	
6	Peter	Stone	M40	LBT	00:09:06
7	Tom	Scarrottt	M30	LBT	
8	Kevin	Nicholas	M50	LBT	
9	Gary	Hatch	M50	LBT	
10	Jez	Burnham	M40	LBT	
11	James	Crawley	M40		00:09:12
12	Michael	Simpson	M60	Bradford GS Tri Club	
13	John	Alserton	M50	LBT	
14	Julia	Fitzpatrick	F20	LBT	
15	Lesley	Sunderland	F50	LBT	
16	Bill	Fazackerley	M40	LBT	00:09:18
17	Neil	Holloway	M40	LBT	
18	Ben	Hallworth	M30	LBT	
19	Andy	Peake	M40	LBT	
20	Clive	Whittaker	M60	LBT	
21	Alex	Dunn	M40	LBT	00:09:24
22	Ian	Kitching	M50	LBT	
23	Steven	Hubbard	M40	LBT	
24	Daniel	Shorrock	M40	LBT	
25	Stephen	Coy	M40	LBT	
26	Nicola	Underhill	F20	LBT	00:09:30
27	Roger	Tilbrook	M50	LBT	
28	Mark	Summerson	M40	LBT	
29	Joshua	Capper	MJ		
30	Sam	Wray	M30		
31	Kelly	Weston	M30		00:09:36
32	Mike	Abrams-Cohen	M20	Ilkley Harriers	
33	Sally	Lynch	F30	Ilkley Harriers	
34	Jayne	Hart	F60	Saltaire Striders	
35	Louise	Varley	F30		
36	Anne-Marie	Whincup	F50		00:09:42
37	Nick	Page	M30		
38	Andy	Wilson	M50		
39	Richard	Bickers	M40		
40	Alastair	Gordon	M40		
41	Micky	Shore	M40		00:09:48
42	Darryl	Stead	M40		
43	Rogan	Ashton	M40	Otley AC	
44	Sabrina	Willan	F40		
45	Anthony	Hart	M50	Saltaire Striders	
46	Nick	Winterbottom	M40		00:09:54
47	Jeremy	Harrison	M60		
48	Matthew	Griffin	M30		
49	Joanne	Higgs	F40		
50	Matt	Harrison	M30		

51	Chris	Whincup	M50		00:10:00
52	Owen	Higgs	M40		
53	Steve	Howard	M40		
54	Dan	Snedden	M40		
55	Abigail	Bailey	F30	Ilkley Harriers	
56	Becky	Murray	F40	Valley Striders Triathlon Club	00:10:06
57	Alison	Bolton	F50		
58	Guy	Weston	M30		
251	Ilkley & District Round Table		T		
59	Fiona	Murphy	F50	Halifax Harriers	
60	Fiona	Taylor	F50	Tri Bramley Baths	00:10:12
61	Emily	Spencer	F30		
62	Alexandra	Christian	F20		
63	Andrew	Laycock	M40	Craven Energy	
64	Kathryn	Wilkinson	F40		
65	Safia	Baig	F50		00:10:18
66	Louise	Clarkson	F40		
67	Sarah	Oxley	F40		
68	Stephen	Andrews	M50	Ribble Valley Triathlon Club	
69	Diane	Hubber	F50	Tri Bramley Baths	
70	Owen	Coles	M40		00:10:24
71	Gemma	Towell	F40		
72	Alice	Downes	F40		
73	Helena	Gleeson	F50		
74	Lesley	Willoughby	F40		
75	Bruce	Willoughby	M40		00:10:30
76	Simon	Stockdale	M40		
77	Philip	Hall	M60		
78	Chloe	Hirst	F20		
79	Sarah	Hayes	F40	Ilkley Harriers	
80	Suzanne	Cook	F40		00:10:36
81	Mark	Cook	F50		
82	Howard	Barton	M30		
83	Daniel	Brazier	M30		
84	Elizabeth	Laycock	F40	Craven Energy	
85	Janine	Pickard	F50	Craven Energy	00:10:42
86	Kellie	Cunningham	F40		
87	Jane	Dennison	F50		
88	Darren	Brook	M30		
89	Richard	O'Flynn	M40	Aim4Fitness	
90	Ian	Cunningham	M50		00:10:48
91	Ivana	Dodokova	F30		
92	Hilda	Coulsey	F60		
93	Deborah	Heeley	F50		
94	Clare	Pusey	F50	Ribble Valley Triathlon Club	
95	Charles	Cudworth	M40		00:10:54
96	J-H	Johnson	M20		
97	Robert	Pope	M30		
98	Gary	Dixon	M30		
99	Richard	Robinson	M40		
100	John	Baglin	M30		00:11:00
101	Louise	Judd	F40		
102	Nic	Waddington	M40		
103	Giles	Casson	M30		

104	Thomas	Davies	M30		
105	Jonathan	Turner	M40	Ilkley Harriers	00:11:06
252	The Wellhouse Irregulars		T		
253	Scott Speedsters		T		
254	Rowe Amigos		T		
106	Peter	Chippindale	M50	Overoptimists	
107	Jessica	Friend	F40	Valley Striders Triathlon Club	00:11:12
108	Nasar	Adam	M20		
109	Harry	Sime	M50		
110	Trevor	Hirst	M50		
111	Damien	Pearson	M30	Stainland Lions	
112	Pete	McQuillen Strong	M40		00:11:18
113	Martin	Campbell	M40		
255	IGS PE		T		
114	Ruth	Ormrod	F30		
115	Melissa	Owens	F50	Ilkley Cycling Club	
116	Kamron	Khan	M40	Tri Bramley Baths	00:11:24
117	Jess	Dixon	F20		
118	Francesca	Dell'Anno	F20		
119	Karen	Barlow	F40	C.O.L.T (City of Lancaster Triathlon)	
120	Hannah	Cawthorne	F20		
121	William	Bolton	M20		00:11:30
122	Andrew	Colman	M40		
123	Peter	Farrar	M50		
124	Matthew	Boyle	MJ		
125	Ruth	Wickens	F40		
126	Ged	Palmer	M40		00:11:36
127	Paul	Kipling	M50		
128	Russell	Crowley	M30		
129	Joseph	Whincup	M20		
130	Rebecca	Powell	F30		
131	Andrew	Smith	M40	Airecentre Pacers	00:11:42
132	Phil	Stollery	M50	Calderdale Tri Club	
133	Simon	Thompson	M40		
134	Richard	Sherington	M40	BRBC	
135	Gillian	Hyde	F50	Craven Energy	
136	Denise	Andrews	F50	Ribble Valley Triathlon Club	00:11:48
137	Hugh	Laurie	M40		
138	Simon	Williams	M50	Ritz Rebels	
139	Brian	Ford	M50		
140	Jessica	Mitchell	F20	Craven Energy	
141	Tom	Still	MJ		00:11:54
142	Robert	Douglass	M50		
143	Colin	Hodgson	M50		
256	Tres Hermanos		T		
144	John	Hayes	M50	Ilkley Harriers	
145	Louise	Goddard	F40	Harrogate Tri Club	00:12:00
146	Matt	Drake	M40		
147	Ellyn	McCulloch	F50		
148	Anthony	Wylie	M50		
149	Martin	Gostling	M40		
150	Laura	Kirkbright	F20	Dragons Running Club	00:12:06
151	Joseph	Sanders	M20		
152	Carolyn	Budding	F50		

153	Lucy	Holroyd	F30		
154	David	Sharp	M30		
155	Jackie	Bailey	F50		00:12:12
156	Nick	Barber	M30		
157	Gavin	Blessington	M50		
158	Richard	Shelton	M40		
159	Hayley	Norse	F30		
160	Alan	Hart	M40	Bramley Breezers	00:12:18
257	Eversheds	Sutherland	T		
258	Eversheds	Sutherland	T		
259	Team	Cockerty	T		
260	Amezzin		T		
261	3 Amigos		T		00:12:24
161	Steven	Lomas	M40		
162	Caroline	Wilson	F40		
163	Matthew	Melsome-Smith	M20		
262	Conquer the	Peake	T		
164	Chris	Burt	M50		00:12:30
165	Will	Jeeps	M20	University of Sheffield Tri Club	
166	Paul	Connolly	M30		
167	Patrick	Garry	M40		
168	Simon	Wright	M50	Craven Energy	
169	Lucy	Jacques	FJ		00:12:36
170	Angela	Knowles	F30	Craven Energy	
171	Louise	Millar	F40	NYP Tri	
172	Matthew	Kirtland	M20	Royal Navy Triathlon	
173	Richard	Mitchell	M50		
174	Mark	Laughton	M50	York Triathlon Club	00:12:42
175	Charles	Lines	M50		
176	Dan	Stapleton	M40		
177	Oscar	Stapleton	MJ	Ilkley Harriers	
178	Danny	Jordan	M30	Craven Energy	
179	Ben	Jacques	M20		00:12:48
180	Adam	Poulson	M40		
181	John	Gilbertson	M40		
182	Steve	Tighe	M30		
183	Richard	Wade	M40	Team Wade	
184	Graeme	Wilson	M40		00:12:54
185	Mark	Rasche	M40		
186	Jeff	Green	M50	Ilkley Harriers	
263	Team	Pendle	T		
187	Richard	Lund	M40		
188	Sharon	Cousen	F40	Team Bear Tri	00:13:00
189	Simon	Mettrick	M50		
190	Christine	Reeday	F30	Craven Energy	
191	Charles	Thompson	M40	Harrogate Tri Club	
264	Batty Boys		T		
192	Fiona	Shackleton	F50		00:13:06
193	Chloe	Adair	F40		
194	Lucy	Stuart	F20	Warrington Tri Club	
195	Richard	Haigh	M40		
196	Graham	Pearce	M30		
197	Jake	Bailey	M30	Craven Energy	00:13:12
198	Paul	Hodgson	M40		

199	Michael	Lomas	M30	Ilkley Harriers	
200	Vernon	Long	M50	Valley Striders Triathlon Club	
265	Team Miley		T		
201	Morna	Barker	F40		00:13:18
202	James	Wood	M30	Wetherby Runners Athletics Club	
203	Adrian	Davies	M20		
204	Jon	Sturman	M40		
205	Alison	Williams	F30	Craven Energy	
206	Helen	Hilton	F40		00:13:24
207	Sarah	Woodeson	F40		
208	Heather	Bell	F50	Craven Energy	
209	Vicky	Houghton	F30		
210	Helen	Mason	F40		
211	Patrick	Chilton	M20	Chilton Tours	00:13:30
212	Paul	O'Toole	M40	Alba Rosa CC	
266	Team Leach		T		
213	Mark	Tobin	M40	Wetherby Runners Athletics Club	
214	Dai	Powell	M40	Ilkley Swimming Club	
215	Richard	Bewell	M50	Wetherby Runners Athletics Club	00:13:36
216	Mark	Elam	M50		
217	Lukas	Sutcliffe	M20		
267	Eccles Cakes		T		
218	Dominic	Garnham	M30		
219	William	Holloway	M20		00:13:42
220	Paul	Tiffany	M40	Craven Energy	
221	Nathan	Coy	MY	LBT	
222	Dominic	Coy	MY	LBT	
223	Cameron	Reilly	MJ	Yorkshire Tri Academy	